

## ROADRUNNER FOODS

[www.RoadrunnerFoodService.com](http://www.RoadrunnerFoodService.com)

**MON:** A.M. Cheerios / P.M. Vanilla Wafers

**THURS:** A.M. Fresh Fruit / P.M. White Cheddar Cheez It

**TUES:** A.M. Fresh Fruit / P.M. Bananas

**FRI:** A.M Fresh Fruit / P.M. Vanilla Wafers

**WED:** A.M. Fresh Fruit / P.M. Veggie Sticks (Graham Crackers 3-20M)

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



Chicken Penne Pasta with Alfredo Sauce & Mixed Veggies  
Garlic Wheat Roll  
Baked Pears w/ Toasted Oats

**1**

**VEGGIE: ALFREDO PASTA W/VEGGIES**

Oven Baked Chicken Nuggets  
Potatoes Au Gratin  
Seasonal Fresh Fruit

**2**

**VEGGIE: BOCA NUGGETS**

Cheese Pizza  
Peas  
Fruit

**3**

Breakfast for Lunch!  
Pancakes  
Potatoes O'Brien  
Seasonal Fresh Fruit

**6**

**VEGGIE: BOCA SAUSAGE PATTY**

Cheesy Broccoli, Chicken, & Rice Bake  
Buttered Peas  
Seasonal Fresh Fruit

**7**

**VEGGIE: CHEESY BROCCOLI RICE BAKE W/ BOCA MEAT**

Grilled Cheese  
Roasted Red Potatoes  
Seasonal Fresh Fruit

**8**

Oven Baked Chicken Nuggets  
Parmesan Roasted Cauliflower  
Seasonal Fresh Fruit

**9**

**VEGGIE: BOCA NUGGETS**

Cheese Pizza  
Steamed Edamame  
Seasonal Fresh Fruit

**10**

Chicken, Spinach, & Cheese Quesadilla  
Mexican Rice  
Seasonal Fresh Fruit

**13**

**VEGGIE: SPINACH & CHEESE QUESADILLA**

Spaghetti and Beef Meatball  
Maple Glazed Butternut Squash  
Seasonal Fresh Fruit

**14**

**VEGGIE: SPAGHETTI W/BOCA CRUMBLES**

Beef Sloppy Joe  
Sweet Potato Fries  
Seasonal Fresh Fruit

**15**

**VEGGIE: SLOPPY JOE/ BOCA CRUMBLES**

Oven Baked Chicken Nuggets  
Broccoli Cheddar Rice  
Seasonal Fresh Fruit

**16**

**VEGGIE: BOCA NUGGETS**

Cheese Pizza  
Buttered Corn  
Seasonal Fresh Fruit

**17**

Toasted Turkey & Cheese Sandwich  
French Fries  
Seasonal Fresh Fruit

**20**

**VEGGIE: GRILLED CHEESE**

Oven Roasted Turkey w/Brown Gravy  
Mashed Sweet Potatoes  
Cornbread Stuffing

**21**

**VEGGIE: BOCA STRIPS W/ GRAVEY**

Oven Baked Chicken Nuggets  
Mashed Potatoes  
Seasonal Fresh Fruit

**22**

**VEGGIE: BOCA NUGGETS**

**NO SCHOOL**  
**HAPPY THANKSGIVING**

**23**

**NO SCHOOL**  
**HAPPY THANKSGIVING**

**24**

Grilled Cheese  
Roasted Red Potatoes  
Seasonal Fresh Fruit

**27**

Chicken Alfredo w/ Penne Pasta  
Roasted Carrots  
Seasonal Fresh Fruit

**28**

**VEGGIE: ALFREDO PENNE PASTA**

Ground Beef Soft Tacos w/Cheese  
Mexican Rice  
Seasonal Fresh Fruit

**29**

**VEGGIE: BEAN & CHEESE TACO**

Oven Baked Chicken Nuggets  
California Mixed Veggies  
Seasonal Fresh Fruit

**30**

**VEGGIE: BOCA NUGGETS**

