

# May 2018

## MONTESSORI KIDS UNIVERSE

### LUNCH



### ROADRUNNER FOODS

[www.RoadrunnerFoodService.com](http://www.RoadrunnerFoodService.com)

**MON:** A.M. Cheerios / P.M. Fresh Cut Fruit

**THURS:** A.M. Apple Sauce / P.M. Cheese Sticks

**TUES:** A.M. Vanilla Pudding / P.M. Sliced Oranges

**FRI:** A.M. Sugar-Free Yogurt / P.M. Vanilla Wafers

**WED:** A.M. Bananas / P.M. Veggie Sticks (Graham Crackers 3-20M)

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Oven Roasted Turkey & Cheese Sandwich  
Baked Potato Chips  
Seasonal Fresh Fruit

1

**V: Grilled Cheese**

Lightly Breaded Chicken Sandwich on Whole Wheat Bun  
Baked French Fries  
Seasonal Fresh Fruit

2

**V: Veggie Patty on Wheat Bun**

Homemade Beef Meatballs over Butter Noodles w/ Gravy  
Mixed Veggies  
Seasonal Fresh Fruit

3

**V: Veggie Nuggets**

Oven Baked Cheese Pizza  
Corn  
Seasonal Fresh Fruit

4

Ground Beef Taco w/ Shredded Cheddar & Monterey Jack Cheese  
Spanish Rice  
Seasonal Fresh Fruit  
**V: Bean & Cheese Taco**

7

Spaghetti w/ Turkey Meatsauce  
California Veggie Blend  
Seasonal Fresh Fruit

8

**V: Spaghetti w/Marinara Sauce**

Chicken Teriyaki Fried Rice w/ Mixed Veggies  
Wheat Roll  
Seasonal Fresh Fruit

9

**V: Grilled Cheese**

Turkey Burger  
Mixed Veggies  
Seasonal Fresh Fruit

10

**V: Veggie Nuggets**

Oven Baked Cheese Pizza  
Crinkle Cut Carrots  
Seasonal Fresh Fruit

11

Chicken Teriyaki Fried Rice w/ Mixed Veggies  
Wheat Roll  
Seasonal Fresh Fruit  
**V: Veggie Teriyaki 'Chicken'**

14

Ground Beef Sloppy Joe On Wheat Bun  
Corn  
Seasonal Fresh Fruit  
**V: Veggie Sloppy Joe**

15

Grilled Cheese  
Parslied Red Potatoes  
Seasonal Fresh Fruit

16

Oven Baked Chicken Tenders  
Veggie Baked Beans  
Seasonal Fresh Fruit

17

**V: Veggie Nuggets**

Oven Baked Cheese Pizza  
Italian Pasta Salad  
Seasonal Fresh Fruit

18

Breakfast for Lunch!  
Pancakes w/ Syrup  
Potatoes O'Brien  
Seasonal Fresh Fruit

21

Chicken & Cheese Quesadilla  
Spanish Rice  
Seasonal Fresh Fruit

22

**V: Spinach & Cheese Quesadilla**

Tri-Colored Tortellini Primavera  
Wheat Roll  
Seasonal Fresh Fruit

23

Red Beans & Rice w/ Ground Turkey  
Green Beans  
Seasonal Fresh Fruit

24

**V: Red Beans & Rice w/ Veggie Sub.**

Oven Baked Cheese Pizza  
Mixed Veggies  
Seasonal Fresh Fruit

25

Grilled Cheese  
Sweet Peas  
Seasonal Fresh Fruit

28

Penne Pasta w/ Grilled Chicken & Creamy Alfredo Sauce  
Roasted Baby Carrots  
Seasonal Fresh Fruit

29

**V: Penne Pasta w/ Alfredo Sauce**

Cheeseburger on a Wheat Bun  
Parmesan Crusted Cauliflower  
Seasonal Fresh Fruit

30

**V: Veggie Patty on Wheat Bun**

Oven Baked Chicken Tenders  
Scalloped Potatoes  
Seasonal Fresh Fruit

31

**V: Veggie Nuggets**

