

# SEPTEMBER 2018

## MONTESSORI KIDS UNIVERSE

Lunches Provided By:  
 Roadrunner Foods  
 (p) 281-565-7902  
 (f) 281-565-7904  
 RoadrunnerFoodService.com

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

3

**LABOR DAY**  
**SCHOOL CLOSED**

4

Oven Baked Chicken Tenders  
 Macaroni & Cheese  
 Seasonal Fresh Fruit

V: Veggie Nuggets

5

Grilled Cheese  
 California Veggie Blend  
 Seasonal Fresh Fruit

6

Ground Turkey Soft Taco  
 Spanish Rice  
 Seasonal Fresh Fruit

V: Bean & Cheese Roll-Up

7

Oven Baked Cheese Pizza  
 Sweet Corn  
 Seasonal Fresh Fruit

10

Crispy Chicken Sandwich on a Whole  
 Wheat Bun  
 Mashed Potatoes  
 Seasonal Fresh Fruit

V: Black Bean Burger

11

Chicken Baked Ziti  
 Sweet Peas  
 Seasonal Fresh Fruit

V: Baked Ziti

12

Turkey & Cheddar Sub w/ Mayo  
 Italian Pasta Salad w/ Diced  
 Tomato & Celery  
 Seasonal Fresh Fruit

V: Sunbutter & Jelly Sandwich

13

Red Beans & Rice w/ Turkey Sausage  
 Oven Roasted Baby Carrots  
 Seasonal Fresh Fruit

V: Red Beans & Rice w/ Veggie "Meat"

14

Oven Baked Cheese Pizza  
 Crinkle Cut Carrots  
 Seasonal Fresh Fruit

17

Oven Baked Chicken Tenders  
 Potatoes Au Gratin  
 Seasonal Fresh Fruit

V: Veggie Nuggets

18

Ground Turkey Sloppy Joe  
 Shoe String Fries  
 Seasonal Fresh Fruit

V: Veggie "Meat" Sloppy Joe

19

Chicken Fajita Tacos w/ Shredded  
 Monterey Jack Cheese  
 Spanish Rice  
 Seasonal Fresh Fruit

V: Bean & Cheese Roll-Up

20

Grilled Chicken Teriyaki Fried Rice w/  
 Mixed Veggies  
 Artisan Wheat Roll  
 Seasonal Fresh Fruit

V: Fried Rice w/ Veggie "Chicken"

21

Oven Baked Cheese Pizza  
 California Veggie Blend  
 Seasonal Fresh Fruit

24

Oven Baked Chicken Tenders  
 Broccoli & Cheese Rice  
 Seasonal Fresh Fruit

V: Veggie Nuggets

25

Beef Meatballs w/ Brown Gravy  
 over Egg Noodles  
 Roasted Baby Carrots  
 Seasonal Fresh Fruit

V: Veggie Meatballs w/ Marinara Sauce

26

Chicken Jambalaya  
 Green Beans  
 Seasonal Fresh Fruit

V: Veggie "Chicken" Jambalaya

27

BBQ Baked Chicken Sandwich  
 Loaded Mashed Potatoes  
 Seasonal Fresh Fruit

V: Cheesy Broccoli & Rice Casserole

28

Oven Baked Cheese Pizza  
 Italian Pasta Salad w/ Diced  
 Tomato & Celery  
 Seasonal Fresh Fruit

### DAILY SNACK ITEMS

**MON:** A.M. Cheerios / P.M. Fresh Cut Fruit

**TUES:** Plain Apple Sauce / P.M. Sliced Oranges

**WED:** A.M. Bananas / P.M. Veggie Sticks (Graham Crackers 3-20M)

**THURS:** A.M. Strawberry Banana Apple Sauce / P.M. Cheese Sticks

**FRI:** A.M. Sugar-Free Yogurt / P.M. Vanilla Wafers

STOP

