

NOVEMBER 2018

MONTESSORI KIDS UNIVERSE – SUGAR LAND

Lunches Provided By:
 Roadrunner Foods
 (p) 281-565-7902
 (f) 281-565-7904
 RoadrunnerFoodService.com

Monday

Tuesday

Wednesday

Thursday

Friday



			<p>1</p> <p>Chicken Breast w/ Loaded Mashed Potatoes Mixed Veggies Seasonal Fresh Fruit</p> <p>V: Veggie "Chicken" Breast</p>	<p>2</p> <p>Oven Baked Cheese Pizza Green Beans Cinnamon Baked Apples</p>
<p>5</p> <p>Chicken Baked Ziti w/ Shredded Mozzarella Green Peas Seasonal Fresh Fruit</p> <p>V: Ziti w/ Shredded Mozzarella</p>	<p>6</p> <p>Ground Beef Sloppy Joe Shoe String Fries Seasonal Fresh Fruit</p> <p>V: Veggie "meat" Sloppy Joe</p>	<p>7</p> <p>BBQ Chicken Sandwich on a Whole Wheat Bun Macaroni & Cheese Seasonal Fresh Fruit</p> <p>V: Cheesy Broccoli & Cheese Casserole</p>	<p>8</p> <p>Spaghetti w/ Marinara Sauce California Veggie Blend Seasonal Fresh Fruit</p>	<p>9</p> <p>Oven Baked Cheese Pizza Sweet Corn Cinnamon Baked Pears</p>
<p>12</p> <p>Mini Turkey Corndogs Macaroni & Cheese Seasonal Fresh Fruit</p> <p>V: Veggie Nuggets</p>	<p>13</p> <p>Oven Baked Chicken Nuggets Potatoes Au Gratin Seasonal Fresh Fruit</p> <p>V: Veggie Nuggets</p>	<p>14</p> <p>Fettuccine w/ Grilled Chicken in a Lemon Butter Sauce Oven Roasted Baby Carrots Seasonal Fresh Fruit</p> <p>V: Fettuccine w/ Veggie "Chicken" in a Lemon Butter Sauce</p>	<p>THANKSGIVING LUNCH! 15</p> <p>Roasted Turkey Breast w/ Brown Gravy Mashed Sweet Potatoes Buttered Corn Seasonal Fresh Fruit</p> <p>V: Cheesy Broccoli & Cheese Casserole</p>	<p>16</p> <p>Oven Baked Cheese Pizza Green Peas Cinnamon Baked Apples</p>
<p>19</p> <p>Chicken Fajita Tacos w/ Monterey Jack Cheese Spanish Rice Seasonal Fresh Fruit</p> <p>V: Bean & Cheese Roll Ups</p>	<p>20</p> <p>Penne Pasta w/ Beef Bolognese and Fresh Parmesan Sweet Corn Seasonal Fresh Fruit</p> <p>V: Penne Pasta w/ Marinara Sauce</p>	<p>21</p> <p>Grilled Chicken & Teriyaki Fried Rice w/ Mixed Veggies Artisan Wheat Roll Seasonal Fresh Fruit</p> <p>V: Veggie "Chicken" Fried Rice</p>	<p>22</p> <p>NO SCHOOL</p> <p>THANKSGIVING</p>	<p>23</p> <p>NO SCHOOL</p> <p>THANKSGIVING</p>
<p>26</p> <p>Oven Baked Chicken Nuggets Macaroni & Cheese Seasonal Fresh Fruit</p> <p>V: Veggie Nuggets</p>	<p>27</p> <p>Ground Turkey Soft Taco w/ Monterey Jack Cheese Spanish Rice Seasonal Fresh Fruit</p> <p>V: Bean & Cheese Roll Ups</p>	<p>28</p> <p>Crispy Chicken Sandwich on Wheat Bun Sweet Potato Fries Seasonal Fresh Fruit</p> <p>V: Grilled Cheese</p>	<p>29</p> <p>Spaghetti and Beef Meatballs w/ Marinara Sauce Sweet Peas Seasonal Fresh Fruit</p> <p>V: Spaghetti w/ Marinara Sauce</p>	<p>30</p> <p>Oven Baked Cheese Pizza Sweet Corn Cinnamon Baked Apples</p>

DAILY SNACK ITEMS

MON: A.M. Cheerios / P.M. Fresh Cut Fruit

TUES: Plain Apple Sauce / P.M. Fresh Cut Fruit

WED: A.M. Bananas / P.M. Veggie Sticks (Graham Crackers 3-20M)

THURS: A.M. Strawberry Banana Apple Sauce / P.M. Cheese Sticks

FRI: A.M. Sugar-Free Yogurt / P.M. Vanilla Wafers